



# FLAVOURS OF *Myanmar*

Gastronomic Chronicles  
From Yangon to Mandalay

PATTY AGARWAL AND  
EDWARD SINGH

Myanmar. Once an isolated country, it has now become a staple bucket list destination for many travellers across the globe. It boasts hundreds of historic temples, bustling markets, and scenic landscapes.

But historian Patty Agarwal and renowned chef Edward Singh saw this unique country beyond its picturesque sites. They saw Myanmar as the palatable gem that it is—the last frontier of Asian cuisine.

Myanmar, just like its Chinese, Indian, and Thai neighbours, possesses unique flavours that every gastronome can feast on. Follow Patty and Edward from the fancy restaurants of Yangon to the busiest food stalls in Mandalay and discover a whole new culinary world you'll surely want to add to your bucket list too.

Hardback 978-1-5437-0377-1  
Paperback 978-1-5437-0376-4  
Ebook 978-1-5437-0375-7



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